

Child Concern Consortium

(your local children's charity)

invites you to our annual

Child
Concern
Consortium



Five children's
charities in one



@ Docklands Sailing & Watersports Centre
Millwall Dock (Crossharbour DLR)

Thursday 20 May 2010

The fun begins at 6pm - BBQ until late

Teams of 11 per boat (minimum sponsorship £45 per team member - includes BBQ)

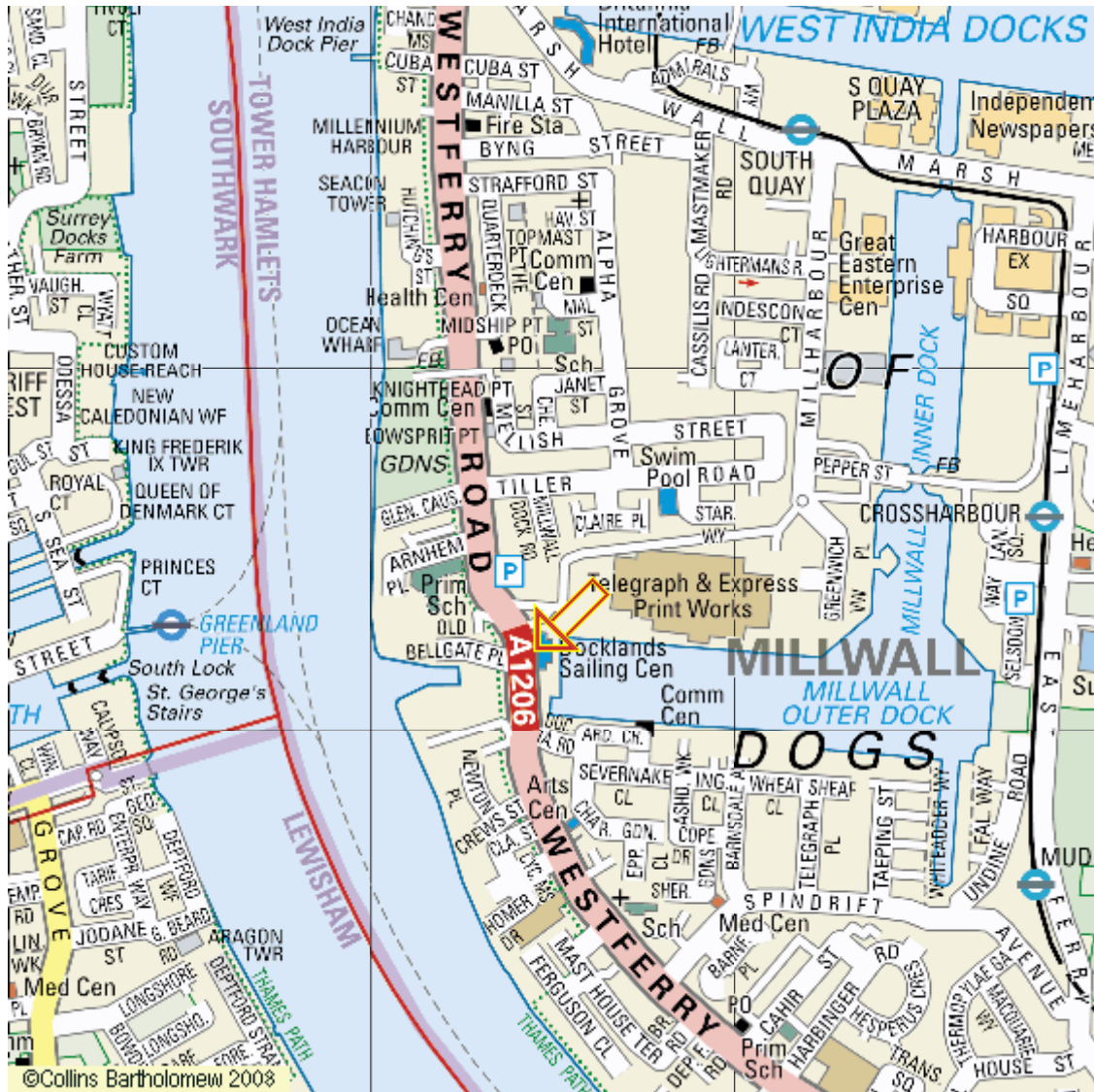
Spectators welcome – BBQ £15 per head or just enjoy a drink at the bar

Tel: Jayne 020 7522 6910, Email: office@childconcernconsortium.org.uk

Or visit our online fundraising page at: www.mycharitypage.com/childconcernconsortium/

See reverse for directions and map

DOCKLANDS SAILING AND WATERSPORTS CENTRE
235a Westferry Road Millwall Dock Isle of Dogs London E14 3QS



HOW TO FIND US - Public Transport

By Bus:

- D7 -** Mile End Station, Limehouse, Canary Wharf, Westferry Road, Millwall, Island Gardens, Cubitt Town, Poplar (All Saints).
- D3 -** Bethnal Green (London Chest Hospital), Bethnal Green Station, Vallance Road, New Road, Cannon Street Road, Tobacco Dock, Wapping Lane, Wapping, Wapping Wall, The Highway, Limehouse, Canary Wharf, Westferry Road, Millwall, Spindrif Avenue, Island Gardens, Cubitt Town, Crossharbour (Asda)

By Underground: Jubilee line to Canary Wharf then either Docklands Light Railway or by bus (D7 or D3) towards Island Gardens.

By Docklands Light Railway: From Bank, Tower Gateway or Lewisham on the 'Green route' to Crossharbour/ London Arena station. At the bottom of the stairs turn left. It's a short walk to the Centre over Glengall Bridge, then turn immediately left and follow the path round the side of the dock; you will see the centre as you turn the corner in the path.

Car Parking: FREE car parking is available at the Centre and on the slipway opposite.



CHILD CONCERN CONSORTIUM

Dragon Boat Race Evening

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Thank you so much for supporting us. Please find below more information about Child Concern Consortium, the race and the evening.

About Child Concern Consortium

Child Concern Consortium is a special group of 5 small charities working together to provide help and support for vulnerable children and their families across the UK. Our 5 charities work in 5 different ways to help change children's lives for the better; so your gift works 5 times harder!

About dragon boating

Dragon Boat racing consists of a crew of 11 (including drummer), sitting side by side speeding down a course in a boat over twenty foot long with a carved dragon's head at the front and a tail at the back! A drummer is in the prow beating time on a large drum with a coxswain at the stern keeping the boat on course.

Dragon Boat Racing is a unique sport. You don't need any experience to participate - anyone can do it - just get in the boat and off you go. It caters for all ages, mixed abilities, male and female in one crew and is great fun. One of your hardest tasks will be choosing a fun name for your boat!

Entering a team

We ask team members to raise a minimum of £45 each in sponsorship to take part in the race - that's a pledge of just £5.00 each from 9 close friends or family members!

Fundraising

A great way to hassle free sponsorship is by setting up a fundraising page for your team at www.mycharitypage.com/childconcernconsortium/. And whilst you're there, why not take a look at our own page [CCC Dboat Race](#) to see how it's done!



The site is totally secure and My Charity Page will process Gift Aid and accept online donations without charging any commission or sign up fees so there's no cost to you or to Child Concern Consortium.

If payment is made via credit or debit card a transaction fee of 2.75% will apply e.g. a gift of £10 will be charged as £10.27 including the transaction fee. My Charity Page *does not* deduct any commission or administration charges.

Printed sponsorship forms are also available.

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About the money we raise:

Why we need your support:

- 👤 5,000 children in the UK are waiting to find a new family
- 👤 Young people face crime and violence every day of their lives
- 👤 A child is diagnosed with a severe disability every 25 minutes across the UK

How your money helps:

- 👤 £5 could help match a child waiting to be adopted with a loving, new family
- 👤 £10 could provide an anti-bullying tool kit for an inner city youth club
- 👤 £15 could help provide lessons in sign language to a hearing-impaired child

About the event

The race will take place at the Docklands Sailing and Watersports Centre (see directions and map attached) on Thursday 20 May 2010.

Festivities begin at 6pm with team instruction, followed by race heats and grand final. You will have access to changing rooms, showers and lockers (20p non refundable) and are advised to bring a change of clothes!

The race is 250 metres and should take around a minute and a half to complete. The procedure from loading the boats to off loading at the end of the race takes about 20 minutes, which becomes quicker as the teams get used to racing. Each team will take part in more than one race as there are various heats on the way to the final, so it's a good idea to bring some reserve rowers with you!

👤 **Health and Safety**

Safety instruction is provided at the start of the event; safety equipment and safety cover on the water are both provided.

👤 **BBQ**

Celebration of the winners will be followed by the famous DSWC BBQ, which is included for rowers and £15.00 per head for spectators. Drinks are not included but will be available from the bar.



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BBQ MENU

Fish

Head on Malaysian King Prawns
Tuna steaks
Shark steaks
Whole sardines

Meat

Satay Chicken in Sweet Chili Sauce
Herb Chicken Pieces
Quarter Pounder Beef Burgers
Pork Sausages

Vegetarian

Vegetarian Quarter Pounder
Roasted Vegetables including: mushrooms, courgettes, aubergines

Salads

Potatoes and spring onions with mayonnaise
Taboulee with mixed peppers, tomatoes, cucumber and mint
Tai Pasta with French Beans
Granary mustard potatoes
Egg mayonnaise
Tomatoes, cucumber and basil in balsamic
Crispy green salad
Spicy tomato pasta

Burger Buns * Seasonal Fruit * Sauces

DSWC reserve the right to change the menu without notice, due to shortage of seasonal products

Child Concern Consortium, 5th Floor, City Reach, 5 Greenwich View Place, London E14 9NN Tel: 020 7522 6910
Email: office@childconcernconsortium.org.uk Web: www.childconcernconsortium.org.uk

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